





18.-25. October 2021 Dolný Kubín, Slovakia

About

Youth Exchange Access the volunteering game is part of Erasmus+ project Euroasia which aims at building capacities in volunteering management and strenghtening collaboration between European and Asian organisations via volunteering mobilities. We aim to prepare youngsters for future volunteering mobility and get them acquainted with hosting institutions.

Topics

- volunteer's role & volunteering values
- self-development and self-tracking techniques
- problem-solving in your own community
- application process for European Solidarity
 Corps
- cultural exchange

Dates & Location



Arrival day: Monday, 18. October 2021 by dinner time Departure day: Monday 25. October 2021 morning

City: Dolný Kubín, Slovakia

Close airports: Bratislava, Vienna, Krakow, Prague

We expect **participation in the whole program** from the arrival to the departure day.

Participants



Participants can be young people from 18 - 30 years who want to learn about volunteering in Asia, get to know other cultures and prepare for mobility within Euroasia project.

We will choose 4 young people per each country and 1 group leader. People from these countries can participate: Slovakia, Czech Republic, Italy, France, North Macedonia.

Insurance



You are **obliged to have a travel insurance**. You should bring **European insurance card** with you. Do not forget to check expiration date prior to departure.

Covid-19

Current rules for entry from EU countries to Slovakia can be found on this page: https://korona.gov.sk/en/

Registered participants will receive further information prior to their departure via email.

For those who are not vaccinated, the Covid-19 test will be reimbursed up to 100€ per participant. The confirmation of negative test result are required to be in Slovak or English language. We ask participants to keep test invoice for the reimbursement.

Travel grant



See the table below with maximum travel grant to be reimbursed to the participants. We ask the participants to keep all travel documents for the reimbursement.

Country	Grant in €	Number of participants
Czech Republic	180	5
France	275	5
Italy	275	5
North Macedonia	275	5
Slovakia	180	5

Sending organisation is responsible for selecting the total number of participants. Contact us if you have any difficulties to involve the right people.

Venue

The training is taking place in a very nice and calm Penzión Kuzmínovo: https://kuzminovo.sk/, Google maps

It is located on a hill only 10 minutes' walk from the city center. The city has around 20 000 inhabitants. The place is surrounded by beautiful nature with great view and is booked only for us.





Accomodation

We will be accommodated in new two, three and four-bed bedrooms. We will be the only guests in the house and we can use all its facilities inside and outside.





Weather

The temperature might reach 15-20°C during the day and 5-10 °C at night. We advise all participants to bring warmer clothes, rain jacket and appropriate shoes. We are located around 500 meters above the see level.

Video

Video from a training we have organized before: https://www.youtube.com/watch?v=sErG8oDYA8o



Arrival to location

From **Bratislava airport**

From Bratislava airport LETISKO take a BUS NR. 61 to the train station - HLAVNÁ STANICA. Buy a regular train ticket to DOLNÝ KUBÍN. There is a fast train (R - rýchlik) every 2 hours direction to KOŠICE. If you have time in front of the station on the right is a good restaurant. You need to change the train in KRAĽOVANY station. Follow other people at the station. Take a small local train to DOLNÝ KUBÍN ZASTÁVKA or DOLNÝ KUBÍN. Alternatively, you can take a direct bus from Bratislava bus - AUTOBUSOVÁ STANICA to DOLNÝ KUBÍN.

From Vienna airport

From Vienna airport take a BUS to Bratislava bus station - AUTOBUSOVÁ STANICA from there you can take a direct bus to DOLNÝ KUBÍN. Alternatively, take a TROLLEYBUS NR. 210 to the train station - HLAVNÁ STANICA. Buy a regular train ticket to DOLNÝ KUBÍN. There is a fast train (R - rýchlik) every 2 hours direction to KOŠICE. If you have time in front of the station on the right is a good restaurant. You need to change the train in KRAĽOVANY station. Follow other people at the station. Taka a small local train to DOLNÝ KUBÍN ZASTÁVKA or DOLNÝ KUBÍN.

From Krakow airport

Take a direct BUS to DOLNÝ KUBÍN. See the web site <u>www.cp.sk</u> for connections.

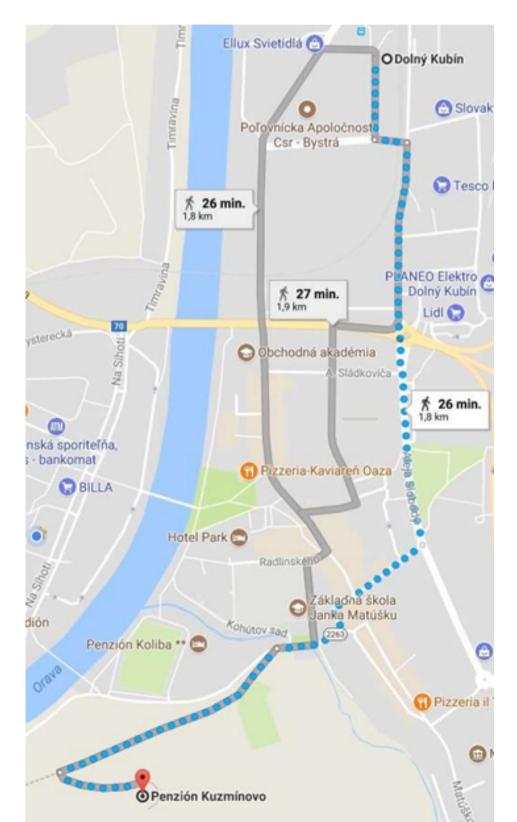
From **Prague airport**

From Prague airport reach the train station – PRAHA HLAVNÍ NÁDRAŽÍ. Take a train direction ŽILINA, KOŠICE or BANSKÁ BYSTRICA. Your stop is ŽILINA. There buy a regular train ticket to DOLNÝ KUBÍN. There is a fast train (R – rýchlik) every 2 hours direction to KOŠICE. If you have time, city center is 15 minutes from the train station by walk. You need to change the train in KRAĽOVANY station. Follow other people at the station. Taka a small local train to DOLNÝ KUBÍN ZASTÁVKA or DOLNÝ KUBÍN

Dolný Kubín Zastávka- Kuzmínovo



Dolný Kubín-Kuzmínovo



Team



Ondrej Mäsiar | logistic organizer | Slovakia info@mladiinfo.sk, +421 907 330 521

Ondrej is an expert in EVS. He started with his NGO in Bratislava and expended it to his hometown Dolný Kubín. He is going to support you not only on your journey to Slovakia, but also on your personal learning journey as a facilitator.

LinkedIn: linkedin.com/in/ondrejmasiar



Michaela Jurkovičová | program organizer | Slovakia projects@mladiinfo.sk

Michaela is project coordinator at Mladiinfo Slovensko and is actively involved in content preparation for Mladiinfo events, trainings and exchanges working with topics like non-formal education, social innovations, volunteering for upskilling.

Contact Information

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Sending organisations

Mladiinfo Czech Republic

ADICE, France

Associazione Vicolocorto, Italy

Mladiinfo International, NorthMacedonia

Mladiinfo Slovensko

https://mladiinfo.cz/
https://adice.asso.fr/
https://www.vicolocorto.org/it
http://www.mladiinfo.eu/
https://mladiinfo.sk/